Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 844-671-6979. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or call 844-671-6979 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall deductible?	Network providers: \$1,000/individual, \$1,000/individual under family or \$3,000/family  Out-of-network provider: \$5,000/individual, \$5,000/individual under family or \$10,000/family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. The <u>deductible</u> is <b>Embedded</b> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .  Deductible year runs 01/01 – 12/31	
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive</u> <u>care</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .	
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network providers: \$3,000/individual, \$3,000/individual under family or \$6,000/family  Out-of-network providers: \$10,000/individual, \$10,000/individual under family or \$20,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. The <u>out-of-pocket limit</u> is <b>Embedded</b> . If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	

Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.medialoftbenefits.com">www.medialoftbenefits.com</a> or call 844-671-6979 for a list of <a href="https://metwork.providers">network providers</a> .	This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

 $<sup>\</sup>hbox{$^*$ For more information about limitations and exceptions, see the plan or policy document at $\underline{\text{www.medialoftbenefit.com}}$.}$ 

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 copayment	50% coinsurance	Deductible does not apply to copayment.	
If you visit a health	Specialist visit	\$25 copayment	50% coinsurance	Deductible does not apply to copayment.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	50% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	Labs in a clinic or independent lab setting are covered at no charge	
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	May require <u>preauthorization</u>	
If you need drugs to treat your illness or	Generic drugs	30-day supply Retail: \$20 copayment/Prescription  90-day supply Mail Order: \$60 copayment/Prescription			
More information about prescription drug coverage	Preferred brand drugs  formation about  ption drug  Preferred brand drugs  90-day supply Retail. \$75 copayment/Prescription  90-day supply Mail Order: \$225  copayment/Prescription			Cost sharing does not apply for preventive Prescriptions. Deductible does not apply to copayment Retail & Mail Order available up to a 90-day	
is available at  www.medialoftbenefit.co  m	Non-preferred Brand drugs	30-day supply Retail: \$120 copayment/Prescription  90-day supply Mail Order: \$360 copayment/Prescription		supply.	
	Specialty drugs	Not C	overed	Specialty drugs are not covered.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	May require <u>preauthorization</u> .	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.medialoftbenefit.com">www.medialoftbenefit.com</a>.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	20% coinsurance	50% coinsurance	
	Emergency room care	20% <u>coi</u>	<u>nsurance</u>	True emergency covered at in-network level.
If you need immediate	Emergency medical transportation	20% <u>coi</u>	<u>nsurance</u>	True emergency covered at in-network level.
medical attention	<u>Urgent care</u>	\$25 copayment	50% coinsurance	Deductible does not apply to copayment.
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Preauthorization required.
stay	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	None.
If you need mental health, behavioral	Outpatient services	\$25 copayment	50% coinsurance	Deductible does not apply to copayment.
health, or substance abuse services	Inpatient services	20% coinsurance	50% coinsurance	Preauthorization required.
	Office visits	No charge	50% coinsurance	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	50% coinsurance	services. Depending on the type of services, a copayment or coinsurance may apply.
	Childbirth/delivery facility services	20% coinsurance	50% coinsurance	Maternity care may include tests and services described elsewhere in the SBC.
	Home health care	20% coinsurance	50% coinsurance	Preauthorization required. 60 visit limit/year.
	Rehabilitation services	\$25 <u>copayment</u>	50% coinsurance	Occupational Therapy: 20 visit limit/year.
If you need help recovering or have	Habilitation services	\$25 copayment	50% coinsurance	Speech Therapy: No visit limit. Physical Therapy: 20 visit limit/year.
other special health needs	Skilled nursing care	20% coinsurance	50% coinsurance	Preauthorization required. 120 days per year maximum
	Durable medical equipment	20% coinsurance	50% coinsurance	None.
	Hospice services	20% coinsurance	50% coinsurance	Preauthorization required.
If your child needs	Children's eye exam	No Charge	50% coinsurance	Limit of 1 routine exam per year.
dental or eye care	Children's glasses	Not Covered	Not Covered	None.
adition of our	Children's dental check-up	Not Covered	Not Covered	None.

 $<sup>\</sup>hbox{$^*$ For more information about limitations and exceptions, see the plan or policy document at $\underline{\text{www.medialoftbenefit.com}}$.}$ 

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Weight loss programs
- Dental Care (Adult)

- Hearing Aids
- Bariatric Surgery
- Long-term care
- Non-emergency care when traveling outside the U.S.

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Infertility Treatment (correction of physiological abnormalities)
- Routine Eye Care (one exam/year)
- Routine Foot Care

- Emergency care when traveling outside the U.S.
- Chiropractic Care
- Private Duty Nursing (inpatient only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: : Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 844-671-6979

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-671-6979

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 844-671-6979

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-671-6979

——————To see examples of how this plan might cover costs for a sample medical situation, see the next section.——————

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.medialoftbenefit.com">www.medialoftbenefit.com</a>.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,00
■ Specialist Copayment	\$25
■ Hospital (facility) Coinsurance	20%
■ Other Coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic test (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,000	
Copayments	\$0	
Coinsurance	\$2,000	
What isn't covered		
Limits or exclusions \$		
The total Peg would pay is	\$3,060	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist Copayment	\$25
■ Hospital (facility) Coinsurance	20%
■ Other <u>Coinsurance</u>	20%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic test (blood work)

Prescription drugs

**Total Example Cost** 

\$12,700

<u>Durable medical equipment</u> (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$900		
Copayments	\$1,400		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$2.320		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,000
■ Specialist Copayment	\$25
■ Hospital (facility) Coinsurance	20%
■ Other <u>Coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,600

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,000	
Copayments	\$200	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,400	